

**D**oes your life feel like...

A jumbled puzzle?

Pieces are missing?

Too much to sort out?

Details are overwhelming?

Hard to see the big picture?

Can't decide where to begin?



## You Can Find Help Here

### Our Mission

Is to provide a warm, heartfelt, accepting center where you are offered opportunities for growth, resolution, change and healing at the emotional, mental, physical and spiritual levels while incorporating traditional and nontraditional therapeutic approaches.

**Bright Path is  
The Right Path!**

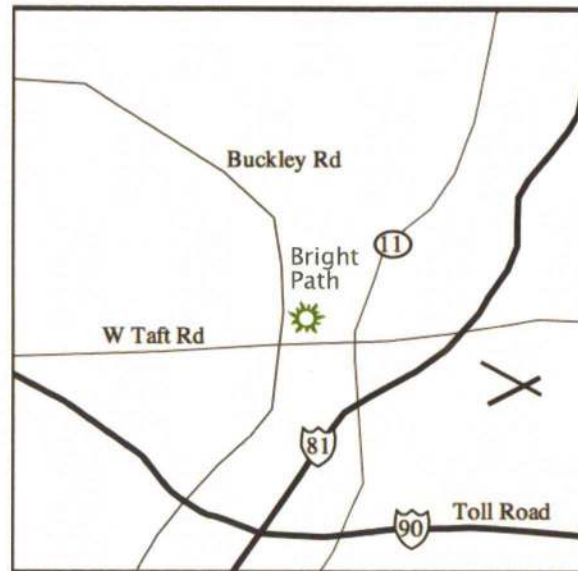
**A** Holistic Approach to Wellness  
with Mental Health Therapists  
and Substance Abuse  
Specialists Licensed and  
Certified in New York State.



CEO

Sharon DelConte  
LCSWR#, CASAC

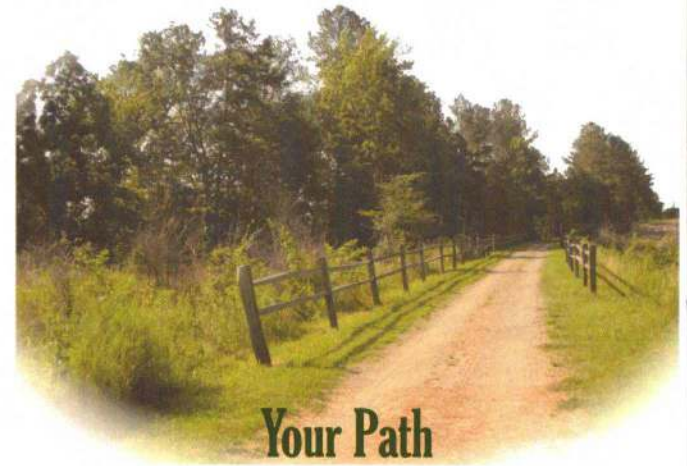
**M**ost Insurances Accepted



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**Bright Path  
Counseling Center**



**Your Path  
to Change...  
to Relief...  
to Improvement...  
to Personal Growth...**

*Professional - Heartfelt  
Confidential*



7266 Buckley Road  
North Syracuse, NY 13212  
(315)-458-0919

## Bright Path

Provides a Safe, Welcome Atmosphere Where Individuals, Couples, Children and Families Work with Experienced Therapists to:

- Explore new ideas
- Gain personal insight
- Improve self-esteem
- Heal Past Traumas
- Experience Relief
- Change Old Patterns
- Develop Skills to Improve Daily Life

**New!** Over-The-Phone  
Counseling Sessions  
for Self Pay Clients

*Day - Evening - Weekend  
Appointments*

Each person is appreciated as a unique individual with emotional, physical and spiritual needs.

## Mental Health

Is the Sense of Wellbeing in Thoughts, Feelings, Expectations, Beliefs, Encounters, Intellectual Focus, Relationship Satisfaction, Personal Integrity & Coping Abilities

**But ... Life isn't always like that.  
You might be experiencing:**

- Depression
- Anxiety - Panic Attacks
- Frustration - Anger
- Family Problems
- Unhappy Relationships
- Obsessive Compulsive Actions
- Alcohol/Chemical Abuse
- Grief
- Eating Problems
- Stress

### Services Offered:

- Individual Counseling
- Couples Counseling
- Family Therapy
- Personal Growth Sessions
- Medication Assessment/Management
- Children's Group
- Healing Trauma Group
- Hypnotherapy
- Life Enhancement Sessions

**Counseling at Bright Path  
Can Help!**

## Alcohol & Substance Abuse:

### It might be:

- DWI or a DUI
- Legal Problem
- Loss of Job or Relationship
- Lack of Motivation
- Financial Problems
- Family Conflicts
- Poor Health
- Trouble in School

### Whatever the reason or symptom we offer:

- DWI & DUI Evaluations
- Attorney Contact
- DMV Paperwork to Reinstate Driver's License
- Treatment Recommendations
- Individual Treatment Plans
- Education Classes
- Therapy/Treatment
- Relapse Prevention
- Group Sessions
- Family Counseling

### Also Counseling For:

- Gambling
- Nicotine Addiction
- Technology/Social Media Addiction

**We are a NYS Licensed  
Chemical Dependency  
Outpatient Facility**