

Does your life feel like...

A jumbled puzzle?

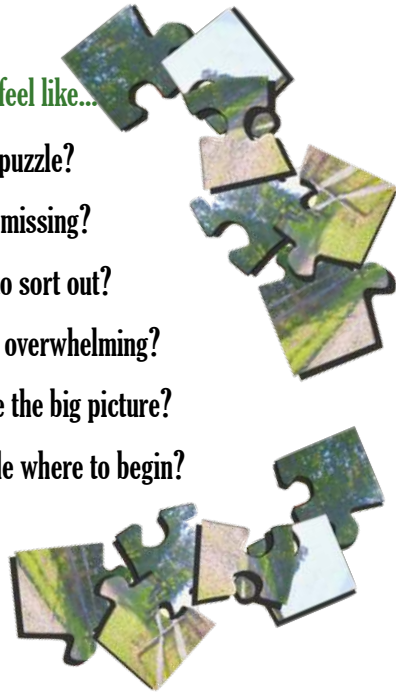
Pieces are missing?

Too much to sort out?

Details are overwhelming?

Hard to see the big picture?

Can't decide where to begin?



**You Can Find Help Here**

### Our Mission

Is to provide a warm, heartfelt, accepting center where you are offered opportunities for growth, resolution, change and healing at the emotional, mental, physical and spiritual levels while incorporating traditional and nontraditional therapeutic approaches.

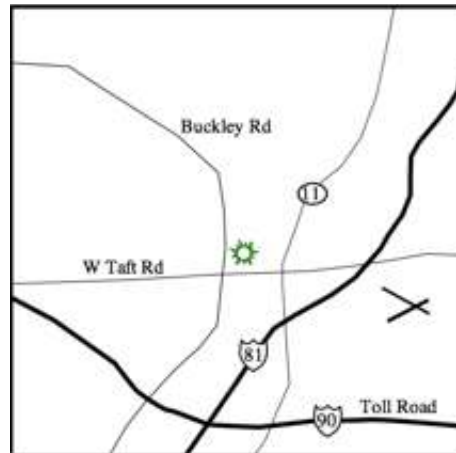
**Bright Path is  
The Right Path!**

**A Holistic approach to Wellness with  
Mental Health Therapists  
Licensed in N.Y.S**

**Credit Cards/HSA/Checks/Cash  
Most Insurances  
Accepted**



**CEO**  
**Sharon DelConte**  
**LCSW R#, CASAC**



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**Facebook: Bright Path Counseling**



**Your Path**

**to Change...**

**DUI - DWI  
Evaluations**

**DMV Listed**

*Professional Heartfelt  
Confidential*



**7266 Buckley Road  
North Syracuse, NY 13212  
(315)-458-0919**



**Bright Path** Provides a Safe, Welcome Atmosphere where Individuals, Couples, Children and Families work with 17, on Site, Experienced Therapists to:

- Experience Relief
- Explore new ideas
- Gain personal insight
- Improve self-esteem
- Heal Past Traumas
- Develop Skills necessary to Improve Daily Life

## DWI - DUI Evaluations

DMV Listed Evaluators

Call Today for Information

Call Today for an Appointment

## Counseling at Bright Path

Each person is appreciated as a unique individual with emotional, physical and spiritual needs.

## Mental Health

Is the Sense of Well-being in Thoughts, Feelings, Expectations, Beliefs, Encounters, Intellectual Focus, Relationship Satisfaction, Personal Integrity & Coping Abilities

**But ... Life isn't always like that**

**You might be experiencing:**

- Depression
- Anxiety - Panic Attacks
- Frustration - Anger
- Family Problems
- Unhappy Relationships
- Obsessive Compulsive Actions
- Alcohol/Chemical Abuse
- Stress
- Grief
- Eating Problems
- Marriage Issues
- Multiple Concerns

## Services Offered:

- Individual Counseling
- Couples Counseling
- Family Therapy
- Personal Growth Sessions
- Children's Counseling
- Personal Enrichment Groups
- Hypnotherapy
- Education Centered Groups
- Transgender Concerns

Over-The-Phone Counseling Sessions for Self Pay Clients

*Day - Evening  
Weekend  
Appointments*

**\*Trim-Life®: Weight Loss Program**  
Diets don't work...the power of the mind does!

## Hypnosis & Hypnotherapy Help You

- Release Weight
- Manage Hunger
- Extinguish Cravings
- Increase Metabolism
- Reduce Stress
- Shrink Your Stomach
- Resolve Emotional Issues
- Improve Body Image
- Increase Activity
- Regulate Blood Sugar Levels
- Feel Better About Yourself!

## Hypnotherapy is Also for You If You Experience Difficulty with:

- Anxiety/Fears/Phobias
- Panic Attacks
- Addictions
- Trauma
- Public Speaking
- Test Taking
- Confidence
- Grief
- Chronic Pain
- Day to Day Living